

KOKUBASHIN MOTOBU HA SHI TOH RYU KARATE DO

MUDANSHA KATA SHOKAI - YUDANSHA KATA SHOKAI

Note: "Ho" Indicates an Apprentice Grade

Approved by Hanshi Hugh Kelley and Shihan Steve Johnson

KATA NAME	MEANING	FOR RANK	TIME IN GRADE	
Goho No Uke	Five Blocks	Kyu Gai Novice White Belt	0 weeks	1
Shiho No Ho	Four Ways	Jukyu 10 th Class White Belt w/Black Stripe		2
Ten No Kata	Heaven's Form	Jukyu 10 th Class White Belt w/Black Stripe	12 weeks	3
Empi Roppo	Elbow Six Ways	Kukyu Ho 9 th Class Yellow Belt w/Black Stripe	6 weeks	4
Heian Shodan	Peaceful Mind	Kukyu 9 th Yellow Belt	6 weeks	5
Heian Nidan	Peaceful Mind	Hachikyu Ho 8 th Class Gold Belt w/Black Stripe	6 weeks	6
Heian Sandan	Peaceful Mind	Hachikyu 8 th Class Gold Belt	6 weeks	7
Heian Yondan	Peaceful Mind	Nanakyu Ho 7 th Class Orange Belt w/Black Stripe	6 weeks	8
Heian Godan	Peaceful Mind	Nanakyu 7 th Class Orange Belt	6 weeks	9
Ananku	Light From The South	Rokukyu Ho 6 th Class Blue Belt w/Black Stripe	6 weeks	10
Chi No Kata	Earth Form	Rokukyu 6 th Class Blue	6 weeks	11
Roppo No Kata	Founder's Form (Soke)	Gokyu Ho 5 th Class Green Belt w/Black Stripe	6 weeks	12
Jion	Compassion Sound	Gokyu 5 th Class Green Belt	6 weeks	13
Jitte	Compassion Hands	Yonkyu Ho 4 th Class Purple Belt w/Black Stripe	8 weeks	14
Matsukaze	Pine Tree in the Wind	Yonkyu 4 th Class Purple Belt	8 weeks	15
Jiin	Compassion Ground	Sankyu 3rd Class Brown Belt		16
Aoyagi	Blue Willow	Sankyu 3rd Class Brown Belt		17
Naifanchin Sho	Holding Your Ground	Sankyu 3rd Class Brown Belt	12 weeks	18
Rohai Shodan	Crane on a Rock	Nikkyu 2nd Class Brown Belt		19
Naifanchin Ni	Holding Your Ground	Nikkyu 2nd Class Brown Belt		20
Saifa	Final Breaking Point Form	Nikkyu 2nd Class Brown Belt		21
Bassai Sho	Penetrate a Minor Fortress	Nikkyu 2nd Class Brown Belt	12 weeks	22
Bassai Dai	Penetrate a Major Fortress	Ikkyu 1 st Class Brown Belt w/Black Stripe		23
Hangetsu	Half Moon	Ikkyu 1 st Class Brown Belt w/Black Stripe		24
Naifanchin San	Holding Your Ground	Ikkyu 1 st Class Brown Belt w/Black Stripe		25
Empi	Flying Swallow	Ikkyu 1 st Class Brown Belt w/Black Stripe	12 weeks	26

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Seisan	Thirteen Hands	Shodan Ho Black Belt Apprentice		27
Seienchin	A Storm with Calm	Shodan Ho Black Belt Apprentice		28
Ansan	Defense Three Ways	Shodan Ho Black Belt Apprentice		29
Kosokun Sho	Looking Skyward	Shodan Ho Black Belt Apprentice	1 year	30
Shiho Kosokun	Looking Skyward	Shodan 1st Grade Black Belt		31
Chinto	Fighting to the East	Shodan 1st Grade Black Belt		32
Tensho	Changing Hands	Shodan 1st Grade Black Belt		33
Tomari Bassai	Penetrate a Fortress	Shodan 1st Grade Black Belt	2 years	34
Rohai Nidan	Crane on a Rock	Nidan 2nd Grade Black Belt		35
Kosokun Dai	Looking Skyward	Nidan 2nd Grade Black Belt		36
Chinte	Extraordinary Hands	Nidan 2nd Grade Black Belt		37
Kururunfa	Holding Your Ground	Nidan 2nd Grade Black Belt	3 years	38
Niseishi	Twenty-Four Hands	Sandan 3rd Grade Black Belt		39
Sanchin	Three Battles	Sandan 3rd Grade Black Belt		40
Nipaipo	Twenty-Eight Steps	Sandan 3rd Grade Black Belt		41
Haku Cho	White Moon	Sandan 3rd Grade Black Belt	4 years	42
Wansu	Chinese Military Envoy	Yondan 4th Grade Black Belt		43
Seipai	Eighteen Hands	Yondan 4th Grade Black Belt		44
Gojushiho	Fifty-Four Steps	Yondan 4th Grade Black Belt		45
Unsu	Cloud Hands	Yondan 4th Grade Black Belt	4 years	46
Sansei_Ryu	Dragon Form	Godan 5th Grade Black Belt		47
Pa Chu	White Crane	Godan 5th Grade Black Belt		48
Annan	Light From The South	Godan 5th Grade Black Belt		49
Supa Renpei	One Hundred Eight	Godan 5th Grade Black Belt	5 years	50
		Rokudan 6 th Grade Black Belt	6 years	

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In addition to the aforementioned Karate Do Kata, each Kokubashin Motobu Ha Shi Toh Ryu Karate Do Student MUST also learn the following Kobudo Kata for the **Karate Do** Rank listed.

Approved by Hanshi Hugh Kelley and Shihan Wesley Lambert

Shu Shi No Kon Bo Kata	1st Rokushakubo Form	Sankyu 3 rd Class Brown Belt		51
Cho Un No Kon Bo Kata	2nd Rokushakubo Form	Nikyu 2 nd Class Brown Belt		52
Saku Gawa No Kon Bo	3rd Rokushakubo Form	Ikkyu 1st Class Brown Belt		53
Tsu Ken No Kon Bo Kata	4th Rokushakubo Form	Shodan Ho Black Belt Apprentice		54
Hamahiga Tonfa Kata	1st Tonfa Form	Shodan 1st Grade Black Belt		55
Tsun Kuwa Kata	2nd Tonfa Form	Nidan 2nd Grade Black Belt		56
Kobu Nunchaku Shodan	1st Nunchaku Form	Sandan 3rd Grade Black Belt		57
Kobu Nunchaku Nidan	2nd Nunchaku Form	Yondan 4 th Grade Black Belt		58
Koh Bu Nicho Gama Kata	Kama Form	Yondan 4 th Grade Black Belt		59
Ryusho-no Sai Kata	Flying Dragon Sai Form	Godan 5th Grade Black Belt		60
Ni Cho Zai Kata	Famous two Sai Form	Godan 5th Grade Black Belt		61
San Cho Zai Kata	Famous three Sai Form	Godan 5th Grade Black Belt		62